

Download File Knowing Your Value Women Money And Getting What You're Worth Audio Mika Brzezinski Free Download Pdf

Knowing Your Value Know Your Value Earn It! Women & Money (Revised and Updated) Grow Your Value Face Value Degrees of Difference A Pearl of Great Value Comeback Careers Worthy Women of Value, Men of Renown Lean In Writing on the Move Women and 'Value' in Jane Austen's Novels A Great Place to Work For All The Woman Code Women of Value All Things at Once The Likeability Trap How to Be a High Value Man: The Blueprint to Success With Women Counting for Nothing The Memo Secrets of the Sprakkar Women Talk Money The End of Men The No Club The Champagne Diet How Women Rise Dare to Lead You Can't Force a Man to Value You The Glass Elevator Research Handbook of Women's Entrepreneurship and Value Creation More Than a Body You Are Priceless: 31 Devotions to Unlock Your True Value Things Fall Apart A Pearl of Great Value A Jewel in His Crown Dataclysm Good Guys Our Women on the Ground

Comeback Careers Apr 27 2022 STRONG, WISER, BETTER An Essential Guide for Reentering, Reinventing, or Rebooting Your Career at Any Age So many women hit midlife and realize: it's time for a career change. Maybe you're yearning to try something new, or you're sensing that layoffs are coming and you need a backup plan. Perhaps you paused, or downsized your career to raise children, and you're ready to rejoin the workforce. How do you reboot, relaunch, return to, or reinvent a career at age 40? Or 50? Or 60? And how can you create a career and life that will provide you with purpose and financial security for years to come? In *Comeback Careers*, New York Times bestselling author and co-host of MSNBC's *Morning Joe* Mika Brzezinski and her sister-in-law Ginny Brzezinski have teamed up to show you that career reinvention is possible at any age. You have the skills, experience and maturity; it's time to own them. For this book, Mika and Ginny interviewed dozens of career-changers working in a variety of fields, from finance to academics to art. They share successful relaunchers' secrets to overcoming obstacles both internal and external, and their step-by-step processes and candid advice. They also reveal key strategies from top job coaches, resume-writers, and LinkedIn experts, tailored to the special challenges of mid-career jobseekers. It's time to rewrite the narrative. You are stronger, wiser, and better at the midpoint, and *Comeback Careers* is a roadmap to your career reinvention and fulfillment.

The End of Men Dec 12 2020 Essential reading for our times, as women are pulling together to demand their rights— A landmark portrait of women, men, and power in a transformed world. "Anchored by data and aromatized by anecdotes, [Rosin] concludes that women are gaining the upper hand." -The Washington Post Men have been the dominant sex since, well, the dawn of mankind. But Hanna Rosin was the first to notice that this long-held truth is, astonishingly, no longer true. Today, by almost every measure, women are no longer gaining on men: They have pulled decisively ahead. And "the end of men"—the title of Rosin's Atlantic cover story on the subject—has entered the lexicon as dramatically as Betty Friedan's "feminine mystique," Simone de Beauvoir's "second sex," Susan Faludi's "backlash," and Naomi Wolf's "beauty myth" once did. In this landmark book, Rosin reveals how our current state of affairs is radically shifting the power dynamics between men and women at every level of society, with profound implications for marriage, sex, children, work, and more. With wide-ranging curiosity and insight unhampered by assumptions or ideology, Rosin shows how the radically different ways men and women today earn, learn, spend, couple up—even kill—has turned the big picture upside down. And in *The End of Men* she helps us see how, regardless of gender, we can adapt to the new reality and channel it for a better future.

Research Handbook of Women's Entrepreneurship and Value Creation May 05 2020 This Research Handbook highlights the importance of women as agents of change, acknowledging women entrepreneurs' efforts and supporting their value-creation activities. With important implications for policymaking, contributing authors direct attention to and provide evidence for the positive contribution of women entrepreneurs to the economy, regardless of their businesses' size and formal status. Challenging the underperformance hypothesis associated with women entrepreneurs, chapters present evidence that women do not underperform in their businesses, but that they add value even in constrained environments. This intends to shift the focus of research from questions like 'what do entrepreneurs do?' to 'how do they do it?', focusing on the unique ways in which each woman entrepreneur creates value, and 'for whom do they do it?', looking at the multiple value outcomes women entrepreneurs create and the beneficiaries of that value. With a global perspective on women's entrepreneurship and their value creation, this Research Handbook will be vital reading for researchers of entrepreneurship, as well as government agencies and policymakers interested in promoting entrepreneurial activity.

Dare to Lead Aug 08 2020 #1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Don't miss the five-part HBO Max docuseries *Brené Brown: Atlas of the Heart!* NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 50 companies all ask the same question: How do you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read *Daring Greatly* and *Rising Strong* or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership.

The Champagne Diet Oct 10 2020 This book is for the woman who wants to feel good about herself and her body, and learn how to start incorporating healthy habits into her life. It's for the woman who doesn't want to trade in her champagne for skinny jeans. It's for the woman who is done with dieting, and ready to start paying attention to her health before that number on the scale. It's for the woman who is ready to stop letting her weight define her, and is ready to understand why it always did. This is not a diet book. This is a lifestyle guide. This book will change the way you view your weight and yourself forever. You will walk away feeling empowered, inspired, and downright sexy (and probably craving a glass of bubbly). You will learn how to celebrate yourself and your body. You will learn to make your health a priority, always. And most importantly - you will learn to love yourself, exactly as you are. So get ready to embark on a complete dieting and lifestyle overhaul, sister. You are now on The Champagne Diet! "The Champagne Diet will resonate with every woman with its realistic and simple approach to dieting. Alwill delivers a personal, relatable, and funny guide to shedding pounds without deprivation." - Kim Barnouin Co-Author, *Skinny Bitch*

You Can't Force a Man to Value You Jul 07 2020 *You Can't Force A Man To Value You* is the book that every woman should be handed when she

turns eighteen-years-old. This book not only teaches a woman how to value herself outside of a man and find her worth, but also how to be a good woman and have healthy relationships with high value men who will honor, cherish, and pull you deeper into your Goddess throne. If you've been trying to figure out the keys to men or not knowing why your relationships went wrong, or watching other women land their dream guy or other women who seem to get the rich men who provide, take them on exotic vacations, buy them cars, completely adore them and do whatever they want, while you meanwhile pay half the bills, and end up in relationships with ungrateful men who aren't even half as smart as you, then this is the book for you. If you find yourself asking why do men seem to choose the needy women over you, the boss chick who doesn't need a man and can do everything on her own, then Sis this book is about to change your life. If you've suffered from a broken heart after pouring all of your love into a man who failed to provide for you, this book will not only heal you but send you back out into the dating world fully equipped to attract the man of your dreams. You Can't Force A Man How To Value you helps a woman step into her purpose, become a high value woman and finally understand how to become an alluring Goddess who understands men and is able to capture the heart of the man of her dreams. You will learn the key to enlightened relationships and develop beautiful, nurturing communication skills that will have the strongest man not being able to get enough of you. This book helps powerful women Unleash The Goddess Within. This book is perfect for the beautiful soul who craves an open, loving, supportive, growth oriented, empowered relationship with a soulmate. You desire to break generational curses, show your children and future generations a better way by being a living, breathing example of kindness, wholeness, confidence, and self love, within a healthy relationship that grants you an honest mate who will grow with you in both love and business. You continuously choose love and the call of your soul, over logic. You have a habit of dumbing yourself down, in order to relate to people. You tend to be the smartest person out of all of your friends. 9/10 you're way more smarter than your chosen partners. Not matter how much love you pour into your relationships, they tend to end really badly. They move on fast to the next person, meanwhile you're left crushed, heartbroken and having to pick up the pieces of your shattered life all by yourself. Yet, you understand that you are not a victim in your relationships. If someone treats you poorly, you reflect on what this experience is trying to teach you and why this manifested without being hard on yourself. No matter how many times you've been hurt you live from your heart, and have great vision. Often you attempt to help activate a man's King DNA to no avail. You would rather be alone, than to play with anyone's heart. Because you know the kind of love you and everyone deserves. You love hard and want to find someone to spend the rest of your life with. Femininity is something you are a bit iffy on but you would love to become more of a lady. I got you Sis. This book is for you. It's the answer to your dating problems.

Degrees of Difference Jun 29 2022 This volume investigates the dissonance between the supposed advantage held by educated women and their continued lack of economic and political power. Niemi explains the developments of the so-called "female advantage" and "boy crisis" in American higher education, setting them alongside socioeconomic and racial developments in women's and men's lives throughout the last 40 years. Exploring the relationship between higher education credentials and their utility in creating political, economic, and social success, Degrees of Difference identifies ways in which gender and academic achievement contribute to women's and men's power to shape their lives. This important book brings new light to the issues of power, gender identities, and the role of American higher education in creating gender equity.

Women and 'Value' in Jane Austen's Novels Nov 22 2021 Jane Austen's minor female characters expose the economic and social realities of British women in the long eighteenth century and reflect the conflict between intrinsic and expressed value within the evolving marketplace, where fluctuations and fictions inherent in the economic and moral value structures are exposed. Just as the newly-minted paper money was struggling to express its value, so do Austen's minor female characters struggle to assert their intrinsic value within a marketplace that expresses their worth as bearers of dowries. Austen's minor female characters expose the plight of women who settle for transactional marriages, become speculators and predators, or become superfluous women who have left the marriage market and battle for personal significance and existence. These characters illustrate the ambiguity of value within the marriage market economy, exposing women's limited choices. This book employs a socio-historical framework, considering the rise of a competitive consumer economy juxtaposed with affective individualism.

Counting for Nothing Apr 15 2021 Safe drinking water counts for nothing. A pollution-free environment counts for nothing. Even some people - namely women - count for nothing. This is the case, at least, according to the United Nations System of National Accounts. Author Marilyn Waring, former New Zealand M.P., now professor, development consultant, writer, and goat farmer, isolates the gender bias that exists in the current system of calculating national wealth. As Waring observes, in this accounting system women are considered 'non-producers' and as such they cannot expect to gain from the distribution of benefits that flow from production. Issues like nuclear warfare, environmental conservation, and poverty are likewise excluded from the calculation of value in traditional economic theory. As a result, public policy, determined by these same accounting processes, inevitably overlooks the importance of the environment and half the world's population. Counting for Nothing, originally published in 1988, is a classic feminist analysis of women's place in the world economy brought up to date in this reprinted edition, including a sizeable new introduction by the author. In her new introduction, the author updates information and examples and revisits the original chapters with appropriate commentary. In an accessible and often humorous manner, Waring offers an explanation of the current economic systems of accounting and thoroughly outlines ways to ensure that the significance of the environment and the labour contributions of women receive the recognition they deserve.

More Than a Body Apr 03 2020 Drs. Lindsay and Lexie Kite know firsthand how hard filtering out media influence is when it comes to self-image. Both struggled as young women to overcome the expectations of body size and shape, but were able to learn to love, appreciate, and reclaim their own bodies, eventually earning their PhDs in body image resilience. The twin sisters founded the nonprofit Beauty Redefined and have made it their mission to help other women see themselves without societal expectations distorting their self-perception. More than a Body is a self-help book focused on going beyond body positivity, showing how a mindset focused on appearance sets women up for insecurities and self-judgement. In this book, they offer an action plan for readers to combat that mindset, and instead learn how the body can be "an instrument, not an ornament," with practical, actionable steps to take when consuming media, exercising, practicing self-reflection and self-compassion, and finding a purpose in life.

Secrets of the Sprakkar Feb 11 2021 The Canadian first lady of Iceland pens a book about why this tiny nation is leading the charge in gender equality, in the vein of The Moment of Lift. Iceland is the best place on earth to be a woman—but why? For the past twelve years, the World Economic Forum's Global Gender Gap Report has ranked Iceland number one on its list of countries closing the gap in equality between men and women. What is it about Iceland that enables its society to make such meaningful progress in this ongoing battle, from electing the world's first female president to passing legislation specifically designed to help even the playing field at work and at home? The answer is found in the country's sprakkar, an ancient Icelandic word meaning extraordinary or outstanding women. Eliza Reid—Canadian born and raised, and now first lady of Iceland—examines her adopted homeland's attitude toward women: the deep-seated cultural sense of fairness, the influence of current and historical role models, and, crucially, the areas where Iceland still has room for improvement. Throughout, she interviews dozens of sprakkar to tell their inspirational stories, and expertly weaves in her own experiences as an immigrant from small-town Canada. The result is an illuminating discussion of what it means to move through the world as a woman and how the rules of society play more of a role in who we view as equal than we may understand. What makes many women's experiences there so positive? And what can we learn about fairness to benefit our society? Like influential and progressive first ladies Eleanor Roosevelt, Hillary Rodham Clinton, and Michelle Obama, Reid uses her platform to bring the best of her nation to the world. Secrets of the Sprakkar is a powerful and atmospheric portrait of a tiny country that could lead the way forward for us all.

All Things at Once Jul 19 2021 The MSNBC "Morning Joe" cohost traces the trajectory of her career, discussing how she coped with professional and personal setbacks and offering professional women pragmatic advice for balancing home life and career.

Grow Your Value Sep 01 2022 A woman who wants to be successful must make sacrifices, but how can she determine which ones she'll be happy with five, ten, twenty years from now? Mika Brzezinski, Morning Joe co-host and New York Times best-selling author of Knowing Your Value, has built a career on inspiring women to assess and then obtain their true value in the workplace. In her books and in her conferences, Mika gives women the tools necessary to advocate for themselves and their financial futures. But that is only the first step; once you know your value, you need to grow it—both professionally and personally. Drawing on deeply revealing conversations with powerful and dynamic women, input from researchers and

relationship experts, and her own wealth of experience, Mika helps women pinpoint their individual definition of success. She advises her readers to define the “professional value” that encompasses their worth in the workplace, and the “inner value” made up of their core beliefs and goals. Women can stop feeling overwhelmed, overscheduled, frantic, and forever guilty—but only if they choose their objectives confidently and unapologetically, and focus their efforts accordingly. Mika encourages women to stop seeking the unobtainable “work-life balance,” and instead pursue a life of honesty and authenticity, where career and home life combine rather than collide.

Things Fall Apart Jan 31 2020 Okonkwo is the greatest warrior alive, famous throughout West Africa. But when he accidentally kills a clansman, things begin to fall apart. Then Okonkwo returns from exile to find missionaries and colonial governors have arrived in the village. With his world thrown radically off-balance he can only hurtle towards tragedy. Chinua Achebe's stark novel reshaped both African and world literature. This arresting parable of a proud but powerless man witnessing the ruin of his people begins Achebe's landmark trilogy of works chronicling the fate of one African community, continued in *Arrow of God* and *No Longer at Ease*.

The Woman Code Sep 20 2021 A powerful, no-nonsense guide for women that provides them the keys to unlock a fulfilling life. Every woman lives by a code, whether she realizes it or not. It informs how she treats others and herself, how much she expects of herself, and how far she is willing to go in order to find success. But is the code we're living by truly helping us create the lives of purpose and fulfillment we desire? Or are we sacrificing the deeper things for mere achievement? In this inspiring book—updated with new insights from the profound economic and societal shifts that have changed our world with the advent of the global pandemic—Sophia A. Nelson calls women to live out a powerful life code that will lead them to purposeful and successful lives. With the wisdom that comes from experience, Nelson reveals to women: The true meaning of “having it all” How to take better care of their minds, bodies, and souls How to discover new reserves of strength The importance of having courageous conversations to build relationships How to achieve professional excellence without compromising their values How to find lasting love and purpose in life beyond their accomplishments How to navigate the sisterhood of women, to build collaboration rather than competition How to heal from past hurts, rejection, and life's inevitable storms The Woman Code is a way of living, of navigating life's challenges, and of interacting positively with other women. It's a way of pursuing our dreams and our deepest desires. It reveals a universal and timeless set of principles of the mind, body, and spirit that help women balance the demands of work, home, family, and friendship. The Woman Code not only calls on women to practice purpose in their lives, it shows them how to do it with grace.

Lean In Jan 25 2022 The #1 international best seller In *Lean In*, Sheryl Sandberg reignited the conversation around women in the workplace. Sandberg is chief operating officer of Facebook and coauthor of *Option B* with Adam Grant. In 2010, she gave an electrifying TED talk in which she described how women unintentionally hold themselves back in their careers. Her talk, which has been viewed more than six million times, encouraged women to “sit at the table,” seek challenges, take risks, and pursue their goals with gusto. *Lean In* continues that conversation, combining personal anecdotes, hard data, and compelling research to change the conversation from what women can't do to what they can. Sandberg provides practical advice on negotiation techniques, mentorship, and building a satisfying career. She describes specific steps women can take to combine professional achievement with personal fulfillment, and demonstrates how men can benefit by supporting women both in the workplace and at home. Written with humor and wisdom, *Lean In* is a revelatory, inspiring call to action and a blueprint for individual growth that will empower women around the world to achieve their full potential.

Women & Money (Revised and Updated) Oct 02 2022 Achieve financial peace of mind with the million-copy #1 New York Times bestseller, now revised and updated, featuring an entirely new Financial Empowerment Plan and a bonus chapter on investing. The time has never been more right for women to take control of their finances. The lessons, revelations, and shocks of the past few years have made it clear that standing in our truth is the only way to care for ourselves, our families, and our finances. With her signature mix of insight, compassion, and practical advice, Suze equips women with the financial knowledge and emotional awareness to overcome the blocks that have kept them from acting in the best interest of their money—and themselves. Whether you are single or in a committed relationship, a successful professional, a worker struggling to make ends meet, a stay-at-home parent, or a creative soul, Suze offers the possibility of living a life of true wealth, a life in which you own the power to control your destiny. At the center of this fully revised and updated edition, Suze presents an all-new Financial Empowerment Plan, designed to get you to a place of emotional and financial security as quickly as possible—because the most precious commodity women have is time. Divided into four essential components, the plan will teach you how to • Protect yourself • Spend smart • Build your future • Give to others Also included is a bonus chapter on investing—for those who are living by Suze's unbreakable financial ground rules and ready to learn how to invest with confidence. *Women & Money* speaks to every mother, daughter, grandmother, sister, and wife. It gives readers the opportunity to tap into Suze's unique spirit, people-first wisdom, and unparalleled appreciation that for women, money itself is not the end goal. It's the means to living a full and meaningful life.

A Jewel in His Crown Nov 30 2019 A bestseller! Priscilla Shirer has her hands on the pulse of women today. Women are becoming increasingly weary and discouraged and are thus losing sight of their real value as daughters of the King. *A Jewel in His Crown* examines how a woman's view of her worth deeply affects her relationships. Her practical wisdom has helped thousands of women renew their strength and become women of excellence.

Women of Value, Men of Renown Feb 23 2022 This study of women, men, and exchanges of wealth in the Trobriand Islands, Papua New Guinea, makes an interesting comparison with the work of pioneer ethnographer Bronislaw Malinowski, who conducted his seminal research there between 1915 and 1918. While Malinowski and others have focused on men, dismissing “women's work” as unimportant, Weiner shows that women play a vital role in Trobriand society.

Writing on the Move Dec 24 2021 In this book, Rebecca Lorimer Leonard shows how multilingual migrant women both succeed and struggle in their writing contexts. Based on a qualitative study of everyday multilingual writers in the United States, she shows how migrants' literacies are revalued because they move with writers among their different languages and around the world. *Writing on the Move* builds a theory of literate valuation, in which socioeconomic values shape how multilingual migrant writers do or do not move forward in their lives. The book details the complicated reality of multilingual literacy, which is lived at the nexus of prejudice, prestige, and power.

Knowing Your Value Jan 05 2023 Why are women so often overlooked and underpaid? In *Knowing Your Value*, the prequel to her new book *Grow Your Value*, bestselling author Mika Brzezinski takes an in-depth look at how women today achieve their deserved recognition and financial worth. Prompted by her own experience as co-host of *Morning Joe*, Mika interviewed a number of prominent women across a wide range of industries on their experience moving up in their fields. Mika shares the surprising stories of such power players as presidential adviser Valerie Jarrett, comedian Susie Essman, writer and director Nora Ephron, Facebook's Sheryl Sandberg, television personality Joy Behar, and many others. Mika also gets honest answers from the likes of Donny Deutsch, Jack Welch, Donald Trump, and others about why women are paid less, and what pitfalls women face -- and play into. *Knowing Your Value* blends personal stories with the latest research on why many women don't negotiate their compensation, why negotiating aggressively usually backfires, the real reasons why the gender wage gap persists, and what can be done about it. Written in Mika's brutally honest, funny, and self-deprecating style, *Knowing Your Value* is a vital book for professional women of all ages.

Earn It! Nov 03 2022 A straight-talking guide for the newest members of the workforce, with road-tested advice for landing a job, navigating the new world of work, establishing a personal brand, and getting the recognition (and money) you deserve. The whirlwind of job applications, interviews, follow-up, resume building, and networking is just the beginning. What happens after you've landed the job, settled in, and begun to make a difference—where do you go from here? What if you feel stuck in what you thought would be your dream profession? New York Times bestselling author Mika Brzezinski and producer Daniela Pierre-Bravo provide an essential manual for those crucial next steps. *Earn It!* is a practical career guidebook that not only helps you get your foot in the door; it also shows you how to negotiate a raise, advocate for more responsibility, and figure out whether you're in the career that's right for you. A blueprint for your future success, *Earn It!* features insightful and inspiring interviews with leaders in media, fashion, and business, recruiters, HR, execs, and kickass young female entrepreneurs like Danielle Weisberg and Carly Zakin of theSkimm, Vimeo CEO Anjali Sud, and Jane Park, founder of the cosmetic subscription company Julep.

A Pearl of Great Value Jan 01 2020 Are you longing for more in your life but don't know where to begin? Do you question your value? A Pearl Of Great Value Women In Search Of A Purposeful Life gives you the opportunity to explore your values, strengths and passions. Learn how you can take specific action to improve the level of satisfaction in your life. The exercises provide an opportunity to peel back the layers of your life to discover your life purpose that was planted in your DNA at your creation by God. Learn how you can take control of the negative self-talk that defeats your ambitions before you get started. Create a perennial garden by weeding out worry, negative self-talk, fear and plant positive thoughts, kindness, and helping others. Live empowered by the Holy Spirit to live your God-given life purpose. Overcome self-sabotaging behavior. Explore how to live authentically! Join me in your journey to a purposeful life! God has ordained a purpose for your life and wants to help you get there! The life God has ordained in not one of mediocrity. Our Sovereign Lord cares about the details of your life and pauses to meet your needs. If you have been living a directionless life, it can change if you decide to take this journey. You will never be the same person again! Invite your friends to join you on this journey to enable you to encourage one another on your path.

Good Guys Sep 28 2019 What's missing from gender equality efforts? Men. Women are at a disadvantage in the workplace, where they deal with unequal pay, sexual harassment, lack of credit for their contributions, and more. And while organizations are looking to address these issues, too many gender-inclusion initiatives focus exclusively on how women should respond, leaving men out of the equation. Such efforts reinforce the perception that these are "women's issues" and that men--often the most powerful stakeholders in an organization--don't need to be involved. As gender-in-the-workplace experts David G. Smith and W. Brad Johnson show in this important book, men have a crucial opportunity to promote gender equality at work. Research shows that when men are deliberately engaged in gender-inclusion programs, 96 percent of women in those organizations perceive real progress in gender equality, compared with only 30 percent of women in organizations without strong male engagement. Good Guys is the first book to provide a practical, research-based guide for how to be a male ally to women in the workplace. Filled with firsthand accounts from both men and women, as well as tips for getting started, the book shows how men can partner with their female colleagues to advance women's leadership and equality by breaking ingrained gender stereotypes, overcoming unconscious biases, developing and supporting the talented women around them, and creating productive and respectful working relationships with women--especially in a post-#MeToo world.

The Glass Elevator Jun 05 2020 Breaking through glass ceilings in the workplace is dangerous business. There is now an easier (and safer) way for women to rise and succeed professionally. The Glass Elevator: A Guide to Leadership Presence for Women on the Rise shares the 9 critical skills that will enhance your ability to engage, connect, and influence in the workplace. Have you been holding yourself back by: - Not speaking up at meetings when you have value to add? - Failing to promote yourself to seniors in the workplace? - Shying away from challenges because you lack confidence? - Neglecting your networking inside and outside the company? - Living in a state of overwhelm at home and work? The author - one of New York's leading Executive Coaches - will teach you how to stop retreating and start ascending, employing the same expertise she uses to help her executive clients rise to the top. With Ground Floor Quizzes, Elevator Workouts, and Power Profiles of women leaders, this engaging book helps you master the must-have skills that will propel you upward. Pursue your professional aspirations one floor at a time by riding The Glass Elevator.

The No Club Nov 10 2020 In this "long overdue manifesto on gender equality in the workplace, a practical playbook with tips you can put into action immediately...simply priceless" (Angela Duckworth, bestselling author of Grit), The No Club offers a timely solution to achieving equity at work: unburden women's careers from work that goes unrewarded. The No Club started when four women, crushed by endless to-do lists, banded together to get their work lives under control. Running faster than ever, they still trailed behind male colleagues. And so, they vowed to say no to requests that pulled them away from the work that mattered most to their careers. This book reveals how their over-a-decade-long journey and subsequent groundbreaking research showing that women everywhere are unfairly burdened with "non-promotable work," a tremendous problem we can—and must—solve. All organizations have work that no one wants to do: planning the office party, screening interns, attending to that time-consuming client, or simply helping others with their work. A woman, most often, takes on these tasks. In study after study, professors Linda Babcock (bestselling author of Women Don't Ask), Brenda Peyser, Lise Vesterlund, and Laurie Weingart—the original "No Club"—document that women are disproportionately asked and expected to do this work. The imbalance leaves women overcommitted and underutilized as companies forfeit revenue, productivity, and top talent. The No Club walks you through how to change your workload, empowering women to make savvy decisions about the work they take on. The authors also illuminate how organizations can reassess how they assign and reward work to level the playing field. With hard data, personal anecdotes from women of all stripes, self- and workplace-assessments for immediate use, and innovative advice from the authors' consulting Fortune 500 companies, this book will forever change the conversation about how we advance women's careers and achieve equity in the 21st century.

Know Your Value Dec 04 2022 The bestselling motivational guide that TheAtlantic.com calls "a rallying cry for women to get the money they deserve." Why are women so often overlooked and underpaid? What are the real reasons men get raises more often than women? How can women ask for--and actually get--the money, the job, the recognition they deserve? Prompted by her own experience as cohost of Morning Joe, Mika Brzezinski asked a wide range of successful women to share the critical lessons they learned while moving up in their fields. Power players such as Facebook's Sheryl Sandberg, Senator Elizabeth Warren, Harvard's Victoria Budson, comedian Susie Essman, and many more shared their surprising personal stories. They spoke candidly about why women are paid less and the pitfalls women face--and play into. Now expanded to address gender dynamics in the #MeToo era, Know Your Value blends compelling personal stories with the latest research on why many women don't negotiate their compensation, why negotiating aggressively usually backfires, and what can be done about it. For any woman who has ever wondered if her desire to be liked can be a liability (yes), if there is a way to reclaim her contribution after it's been co-opted in a meeting (yes), and if there are strategies men use to get ahead that women should too (yes!), Know Your Value provides vital advice to help women be their own best advocates.

The Memo Mar 15 2021 From microaggressions to the wage gap, The Memo empowers women of color with actionable advice on challenges and offers a clear path to success. Most business books provide a one-size-fits-all approach to career advice that overlooks the unique barriers that women of color face. In The Memo, Minda Harts offers a much-needed career guide tailored specifically for women of color. Drawing on knowledge gained from her past career as a fundraising consultant to top colleges across the country, Harts now brings her powerhouse entrepreneurial experience as CEO of The Memo to the page. With wit and candor, she acknowledges "ugly truths" that keep women of color from having a seat at the table in corporate America. Providing straight talk on how to navigate networking, office politics, and money, while showing how to make real change to the system, The Memo offers support and long-overdue advice on how women of color can succeed in their careers.

How Women Rise Sep 08 2020 Overcome the twelve habits holding you back and take your career to new heights with this wise and approachable guide from two business leadership experts. Ready to take the next step in your career . . . but not sure what's holding you back? Read on. Leadership expert Sally Helgesen and bestselling leadership coach Marshall Goldsmith have trained thousands of high achievers -- men and women -- to reach even greater heights. Again and again, they see that women face specific and different roadblocks from men as they advance in the workplace. In fact, the very habits that helped women early in their careers can hinder them as they move up. Simply put, what got you here won't get you there . . . and you might not even realize your blind spots until it's too late. Are you great with the details? To rise, you need to do less and delegate more. Are you a team player? To advance, you need to take credit as easily as you share it. Are you a star networker? Leaders know a network is no good unless you know how to use it. Sally and Marshall identify the twelve habits that hold women back as they seek to advance, showing them why what worked for them in the past might actually be sabotaging their future success. Building on Marshall's classic bestseller What Got You Here Won't Get You There, How Women Rise is essential reading for any woman who is ready to advance to the next level.

A Pearl of Great Value May 29 2022 Are you longing for more in your life but don't know where to begin? Do you question your value? A Pearl Of Great Value - Women In Search Of A Purposeful Life gives you the opportunity to explore your values, strengths and passions. Learn how you can take specific action to improve the level of satisfaction in your life. The exercises provide an opportunity to peel back the layers of your life to discover your life purpose that was planted in your DNA at your creation by God. • Learn how you can take control of the negative self-talk that

defeats your ambitions before you get started. • Create a perennial garden by weeding out worry, negative self-talk, fear and plant positive thoughts, kindness, and helping others. • Live empowered by the Holy Spirit to live your God-given life purpose. • Overcome self-sabotaging behavior. • Explore how to live authentically! Join me in your journey to a purposeful life! God has ordained a purpose for your life and wants to help you get there! The life God has ordained is not one of mediocrity. Our Sovereign Lord cares about the details of your life and pauses to meet your needs. If you have been living a directionless life, it can change if you decide to take this journey. You will never be the same person again! Invite your friends to join you on this journey to enable you to encourage one another on your path.

Women of Value Aug 20 2021 Women economists rarely feature in textbooks on the history of economic thought before 1960, despite the many articles and theses produced by them in the period. This book, asking why, and seeking to find those who supported women economists, looks at the lives and thought of the women who contributed to the building of the economics profession. A number of the papers focus on the sociology of the the economics discipline, including the failure to cite women economists. The volume also includes the personal memoir of the experience of one female graduate studying in the 1930s.

The Likeability Trap Jun 17 2021 Be nice, but not too nice. Be successful, but not too successful. Just be likeable. Whatever that means? Women are stuck in an impossible bind. At work, strong women are criticized for being cold, and warm women are seen as pushovers. An award-winning journalist examines this fundamental paradox and empowers readers to let go of old rules and reimagine leadership rather than reinventing themselves. Consider that even competent women must appear likeable to successfully negotiate a salary, ask for a promotion, or take credit for a job well done—and that studies show these actions usually make them less likeable. And this minefield is doubly loaded when likeability intersects with race, ethnicity, sexual orientation, and parental status. Relying on extensive research and interviews, and carefully examined personal experience, *The Likeability Trap* delivers an essential examination of the pressure put on women to be amiable at work, home, and in the public sphere, and explores the price women pay for internalizing those demands. Rather than advising readers to make themselves likeable, Menendez empowers them to examine how they perceive themselves and others and explores how the concept of likeability is riddled with cultural biases. Our demands for likeability, she argues, hinder everyone's progress and power. Inspiring, thoughtful and often funny, *The Likeability Trap* proposes surprising, practical solutions for confronting the cultural patterns holding us back, encourages us to value unique talents and styles instead of muting them, and to remember that while likeability is part of the game, it will not break you.

A Great Place to Work For All Oct 22 2021 Cover -- Half Title -- Title -- Copyright -- Dedication -- Contents -- Foreword A Better View of Motivation -- Introduction A Great Place to Work For All -- PART ONE Better for Business -- Chapter 1 More Revenue, More Profit -- Chapter 2 A New Business Frontier -- Chapter 3 How to Succeed in the New Business Frontier -- Chapter 4 Maximizing Human Potential Accelerates Performance -- PART TWO Better for People, Better for the World -- Chapter 5 When the Workplace Works For Everyone -- Chapter 6 Better Business for a Better World -- PART THREE The For All Leadership Call -- Chapter 7 Leading to a Great Place to Work For All -- Chapter 8 The For All Rocket Ship -- Notes -- Thanks -- Index -- A -- B -- C -- D -- E -- F -- G -- H -- I -- J -- K -- L -- M -- N -- O -- P -- R -- S -- T -- U -- V -- W -- Z -- About Us -- Authors

Women Talk Money Jan 13 2021 A searing and fearless anthology of essays exploring the profound impact of money on women's lives, edited by prominent feminist and writer Rebecca Walker. *Women Talk Money* is a groundbreaking collection that lifts the veil on what women talk about when they talk about money; it unflinchingly recounts the power of money to impact health, define relationships, and shape identity. The collection includes previously unpublished essays by trailblazing writers, activists, and models, such as Alice Walker, Tressie McMillan Cottom, Rachel Cargle, Tracy McMillan, Cameron Russell, Sonya Renee Taylor, Adrienne Maree Brown, and more, with Rebecca Walker as editor. In this provocative anthology, we discover a family that worships money even as it tears them apart; we read about the "financial death sentence" a transgender woman must confront to live as herself. We trace the journey of a Silicon Valley entrepreneur who finally makes enough money to discover her spiritual impoverishment; we follow a stressful email exchange between an unsympathetic university financial officer and a desperate family who can't afford to pay their daughter's tuition, and more. This collection is a clarion call to conduct honest conversations that demystify and transform the role money plays in our lives. Dazzlingly resonant and deeply familiar, *Women Talk Money* is a revelation.

How to Be a High Value Man: The Blueprint to Success With Women May 17 2021 Dear Friend: This book will teach you the blueprint to be viewed as a high-value man through the minds of beautiful women and ultimately yourself. You will learn the science of how attraction works, data from studies and research about the psychology of women, what makes them respond to you in a high-interest kind of way, how to seduce them, how to make them orgasm, how to communicate with them, over-stand what they want, the types of women to avoid, how to get your ex back, and most of all... how to become the best version of yourself to attract the beautiful women you want. The content within this book is full of wisdom and research to help you achieve successful interactions with beautiful women. I have had successful romances with upwards of a 1000 beautiful women consistently throughout my lifetime; thus, helping you to avoid the pitfalls of beta-male simpleton behavior that will only get you rejected, manipulated, and over-looked by women. So don't delay. Get your copy today guys! ADULT CONTENT.

Face Value Jul 31 2022 "Whitefield-Madrano ... examines the relationship between appearance and science, social media, sex, friendship, language, and advertising to show how beauty actually affects us day to day. Through ... research and interviews with dozens of women across all walks of life, she reveals surprising findings, like that wearing makeup can actually relax you, that you can convince people you're better looking just by tweaking your personality, and the ways beauty can be a powerful tool of connection among women"--Amazon.com.

Our Women on the Ground Aug 27 2019 Nineteen Arab women journalists speak out about what it's like to report on their changing homelands in this first-of-its-kind essay collection, with a foreword by CNN chief international correspondent Christiane Amanpour "A stirring, provocative and well-made new anthology . . . that rewrites the hoary rules of the foreign correspondent playbook, deactivating the old clichés." —Dwight Garner, *The New York Times* A growing number of intrepid Arab and Middle Eastern sahafiyat—female journalists—are working tirelessly to shape nuanced narratives about their changing homelands, often risking their lives on the front lines of war. From sexual harassment on the streets of Cairo to the difficulty of traveling without a male relative in Yemen, their challenges are unique—as are their advantages, such as being able to speak candidly with other women at a Syrian medical clinic or with men on Whatsapp who will go on to become ISIS fighters, rebels, or pro-regime soldiers. In *Our Women on the Ground*, nineteen of these women tell us, in their own words, about what it's like to report on conflicts that (quite literally) hit close to home. Their daring and heartfelt stories, told here for the first time, shatter stereotypes about the region's women and provide an urgently needed perspective on a part of the world that is frequently misunderstood. INCLUDING ESSAYS BY: Donna Abu-Nasr, Aida Alami, Hannah Allam, Jane Arraf, Lina Attalah, Nada Bakri, Shamael Elnoor, Zaina Erhaim, Asmaa al-Ghoul, Hind Hassan, Eman Helal, Zeina Karam, Roula Khalaf, Nour Malas, Hwaida Saad, Amira Al-Sharif, Heba Shibani, Lina Sinjab, and Natacha Yazbeck

You Are Priceless: 31 Devotions to Unlock Your True Value Mar 03 2020 DISCOVER WHO YOU ARE Is it hard for you to feel good about yourself? Do you give in to feelings of discouragement and failure? On a scale of 1 to 10, how would you rate yourself? See *Why God Says You're a Perfect 10* In this women's daily devotional journal, you will learn: - how to break free from a negative self-image, - to embrace your infinite value and worth, and - how to apply God's Word each day so you can see yourself as He sees you. Start this life-transforming journey today and step into the awesome destiny and purpose God has for you. Akua Carmichael is an author, lawyer, speaker, teacher, and, most importantly, a daughter of God. Her greatest passion is telling people about Jesus and His ability to transform every life by providing a new identity and purpose. Akua is based in Toronto, Canada. She has three daughters and a husband, Wingrove, who navigates all that estrogen remarkably well.

Worthy Mar 27 2022 What does the Bible say about the value of women? Does the Bible teach that women are as valuable as men or does it portray them as somehow more flawed, more suspect, or weak and easily deceived? Beginning from Genesis and working all the way through the storyline of the Bible, *Worthy* demonstrates the significant and yes, even surprising, ways that God has used women to accomplish His kingdom goals. Because, like men, they are created in His image, their lives reflect and declare His worth. *Worthy* will enable and encourage both men and women to embrace this true and lofty vision of God's creation, plan, and their value in His eyes. Bestselling author Elyse Fitzpatrick and pastor Eric Schumacher

together invite women to embrace a transformative and empowering view of their Maker, themselves, and the church. But this isn't only a book for women. It is also a book for men, especially leaders, who want to grow in their understanding of God's perspective on women, people who normally make up the majority of their congregations; men who might be wondering if they've missed something amid the abuse scandals that are rocking the church. Might the headlines they're reading today about abuse have their roots in a denigration of the value and worth of women? Worthy: Celebrating the Value of Women will help every reader see the value, place, and calling of women through study questions and a "Digging Deeper" section that will help men and women discover how to cherish, value, and honor one another for God's glory.

Dataclysm Oct 29 2019 A New York Times Bestseller An audacious, irreverent investigation of human behavior—and a first look at a revolution in the making Our personal data has been used to spy on us, hire and fire us, and sell us stuff we don't need. In Dataclysm, Christian Rudder uses it to show us who we truly are. For centuries, we've relied on polling or small-scale lab experiments to study human behavior. Today, a new approach is possible. As we live more of our lives online, researchers can finally observe us directly, in vast numbers, and without filters. Data scientists have become the new demographers. In this daring and original book, Rudder explains how Facebook "likes" can predict, with surprising accuracy, a person's sexual orientation and even intelligence; how attractive women receive exponentially more interview requests; and why you must have haters to be hot. He charts the rise and fall of America's most reviled word through Google Search and examines the new dynamics of collaborative rage on Twitter. He shows how people express themselves, both privately and publicly. What is the least Asian thing you can say? Do people bathe more in Vermont or New Jersey? What do black women think about Simon & Garfunkel? (Hint: they don't think about Simon & Garfunkel.) Rudder also traces human migration over time, showing how groups of people move from certain small towns to the same big cities across the globe. And he grapples with the challenge of maintaining privacy in a world where these explorations are possible. Visually arresting and full of wit and insight, Dataclysm is a new way of seeing ourselves—a brilliant alchemy, in which math is made human and numbers become the narrative of our time.

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