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Get ready to take flight as two certified flight instructors guide you through the pilot ratings as it is done in the real world, starting with Sport Pilot training, then Private Pilot, followed by the Instrument Rating, Commercial Pilot, Air Transport Pilot. They cover the skills of flight, how to master Flight Simulator, and how to use the software as a continuing learning tool towards your pilot's license. More advanced topics demonstrate how Flight Simulator X can be used as a continuing learning tool and how to simulate real-world emergencies. Examines the life of Paul the Apostle using Biblical passages and studies of ancient Jewish life in Biblical times and finds lessons of faith, humility, and self-sacrifice which modern Christians can apply to their own lives. Spilleteknisk, biografisk og historisk indføring i en række jazzbassisternes spillestil What does innocence, discovery, and motherhood have in common? Freckles and V have a special friend on the farm. Who is it? Springtime on the farm is filled with newness. Read "Curious Freckles" and find out for yourself the fantastically fun experiences the farm has to offer. The book gives an introduction to a new research field of Historical Pragmatics of Controversies and provides seven case studies (from 1609 to 1799) of controversies in the fields of astronomy/astrology, medicine, chemistry, philosophy, and theology. The protagonists of these controversies include both famous authors like Kepler, Hobbes and Leibniz and internationally less known authors like the German theologian A.H. Francke and the chemist F.A.C. Gren. The case studies examine the organizing principles of historical controversies, language use, moves and strategies, topic management and text organisation, and the adherence to communication principles in these controversies. At the same time they analyse the use of different text types and media in the course of controversies, including pamphlets, journal articles, reviews, scientific handbooks and letters. In addition, the case studies demonstrate early modern writers' resources from disputation practice, dialectic, and rhetoric and show developments of the practice of polemical writing during the period. My name is Flora Padilla and I am a mother, grandmother, pastor, and an author. I married a man that physically, emotionally and mentally abused me. During this turbulent marriage, I was also trying to raise two small children, work full-time and financially support my household. Unexpectedly, I was injured on the job and lost the stability of having a steady income. This life-changing event shifted my path to my true calling. How did I become an overcomer against all odds? My book has the tools that I used to succeed, to be happy, blessed, victorious, and an inspiration to others. I have spent my life "Mending Broken Hearts", because of my mended heart. Receive my story by faith. Important Notes:As the sequel to 'Parallel Lifetimes' and a follow up to 'The Beam of Interest', 'Reality Shaper' is an unusual and accurately researched crime novel that draws together strands from the author's previous books. However, it is written in such a way that it can be read as a self-contained novel. For reasons of authenticity great care has been taken to ensure technical, geographical and historical accuracy throughout. The time and location details given at the beginning of each chapter are as precise as possible. This most especially applies to those parts of the narrative set in the period of the First World War. Fictional characters have been inserted into actual events. Much of the action depicted herein is based upon eyewitness accounts. Many are aware of the tragic losses incurred by the British Army in July 1916 at the Somme. Few, however, know that the root causes of this disaster may be found in the terrible battles at Neuve-Chapelle and Aubers Ridge fought during the preceding year. Dreadful mistakes were made by both sides. However, the allied commanders failed-for the most part-to learn from these harshest of lessons or else drew the wrong conclusions. This led to the most appalling consequences. Readers may also be interested to discover that the German unit confronting the British at Aubers Ridge in 1915 was the 16th Bavarian Reserve Infantry Regiment in which a certain Corporal Adolf Hitler served as a runner at the time. Although this novel is oftentimes modern, violent and visceral in its presentation, the author has attempted to introduce themes from

Fourth Way of PD Ouspensky.Synopsis:On March 10th 1915, Captain Christian Braithwaite faces the sternest of as he prepares to lead his men into battle in the first set piece British offensive of the Great War at Neuve-Cha However, his confidence in the High Command is quickly eroded as the artillery plan for the attack by his battalion the direction of Aubers Ridge-fails and disastrous losses are incurred.A mere two months later, the prospect of renewed push towards the same objective proves too much for the shattered nerves of Braithwaite's newly arrived batman-Pte Clifford Jones. Terrified, the neophyte deserts, is captured and faces a field court martial and the firing squad. Disgusted by the injustice and sheer hypocrisy of the proceedings; Christian races against time to find adequate legal representation for the private, before it is too late.In November 2018 at Yeovil in Dorset, Jessica Cassidy is devastated by the murder of her lover-Timothy Trevelyan. She suspects that her sinister brother-in-law Alexander-is responsible. Desperate, she turns to Tim's wealthy uncle-Charles-for protection but soon comes to realize that there is far more to the former Army colonel than meets the eye. Conflict between the two powerful business families begins in earnest and, as it intensifies, the weakest member of the Trevelyan clan-Jeremy-is unwillingly sucked into the escalating violence. As was the case with Clifford Jones-so many years before-Jeremy finds himself caught up in a life or death struggle. Yet what links the fate of these seemingly quite disparate individuals across a span of time?Others-including the Quantum Detective: Professor Sebastian Strangeways and the formidable M Frobisher-enter the unfolding drama as it finally erupts into an armed confrontation in the grounds of Blenheim House near Sherwood Forest. In an action packed finale, Charles Trevelyan's Tiger Team-an elite group of private military contractors-is surrounded, outnumbered and outgunned by a far superior force commanded by Alex Cassidy's highly resourceful ally-the notorious Bradley Douglas. Meanwhile, Jessica, appalled by the news of the serious clash of arms on English soil in modern times and with the country on a war footing, at last finds the long solace that she craves. And it comes from the most unexpected of quarters. Governments around the globe are promoting co-production and community social enterprise as policy strategies to address the need for local, 21st century service provision but can small communities engage spontaneously in social enterprise and what is the potential for citizens to produce services? This book addresses a clutch of contemporary societal challenges including ageing demography and the consequent need for extended care in communities; public service provision in an era of retrenching welfare and global financial crises; service provision to rural communities that are increasingly 'hollowed out' through lack of working age people; and, how best to engender the development of community social enterprise organizations capable of providing high quality, accessible services. It is packed with information and evidence garnered from research into the environment for developing community social enterprise and co-producing services; how communities react to being asked to co-produce; what to expect in terms of the social enterprises they can produce; and, how to make them happen. This book is an antidote to the rhetoric of optimistic governments that pronounce co-production as a panacea to the challenges of providing local services and by drawing on the evidence from a 'real-life' international study will make policymakers more savvy about their aspirations for co-production and give service professionals practical strategies for working with communities, fill a gap in the academic evidence on community, as opposed to individual, social enterprise and reassure community members that they can deliver services through community social enterprise if the right partnerships and strategies are in place. Community CoProduction will appeal to students and scholars over a broad range of disciplines including development, entrepreneurship, public and social policy, economics and regional studies. An overview of complementary and alternative medicine discusses various treatments, including herbs and energy therapies, and examines how alternative and conventional therapies can be combined to treat twenty common conditions. Organised with the assistance of an international advisory committee of medievalists, this is a standard guide to the Latin language literature of the period from c 200 AD to 1500. It should be useful for the study of Latin texts and documents in all fields of medieval studies. The Psalms is a beautiful presentation of this beloved section of Scripture in large, readable type on high-quality paper. Featuring the ESV text, this edition is great for devotions, liturgical use, or as a gift. The professional guide is a comprehensive yet self-paced handbook covering both the practice and the business of home inspection, addressing all the key areas associated with the business of home inspection in this rapidly growing profession. Microsoft Exchange 2000 Infrastructure Design explains from a system designer's and administrator's perspective Microsoft's Active Directory and its interaction with Exchange 2000, details issues concerned with migrating to Exchange 2000, and outlines the specific technology and design issues relating to connectivity with Exchange 2000. Readers will learn to use these technologies to seamlessly co-exist with their current environment, migrate to a native Exchange 2000 environment, and connect to the Internet as well as to other messaging systems. The book's blend of expert instruction and best practices will help any organization create optimal system design configurations to support different technical and business scenarios. McCorry and Livengood are experts in Microsoft technologies from Compaq, the world's leading integrator of Exchange systems. In Microsoft Exchange 2000 Infrastructure Design, they spell out the key technologies, features, and techniques IT professionals must master.

build a unified and robust Exchange 2000 messaging service. This book details the framework organizations must have in place to most effectively move to Exchange 2000. Detailed explanations of Active Directory integration with Exchange 2000, migration to Exchange 2000 from another system and Exchange 2000 transport, connectivity, and tools gives readers the benefit of authors' extensive experience. Unique description of the software "plumbing" organizations must master to move to Exchange 2000. A solution-focused guide to making a difference in the face of today's international water crisis features essays by such top environmental writers as Bill McKibben, Maude Barlow, and Vandana Shiva on a range of topics, from privatization and conservation to American public policy and the experiences of indigenous cultures. Original.

Today's best-selling study Bible—the Life Application Study Bible—has been updated and expanded. Over 300 new Life Application notes, nearly 350 note revisions, 16 new personality profiles, updated charts, and a Christian Worker's Resource make today's number one selling study Bible even better.

FEATURES: Over 300 new Life Application notes and significant revisions to nearly 350 others 16 new Personality Profiles Most charts revised to clarify meaning and importance, plus eight all-new charts New information on the intertestamental period Christian Worker's Resource, a special supplement to enhance the reader's ministry effectiveness, includes: How to Become a Believer, How to Follow Up with a New Believer, Mining the Treasures of the Life Application Study Bible, So You've Been Asked to Speak, and Taking the Step to Application Call of the Void is a mystery thriller which charts the journey of a young man, Gideon Peters, in search of an answer to one of life's most intriguing questions: what is the point and purpose of my existence? The story is set in pre-digital age Britain and spans the 22 years of Gideon's life from 1961 to 1983 as his quest takes him to London. At the request of his father, he enlists in a campaign to expose the political agenda of a secret cult within the capital. Gideon is tested to the limit of his physical endurance and moral courage in a traumatic encounter with its leader: the mysterious Magus, a man who will stop at nothing to protect his technology of hypnotic persuasion and the power it bequeaths to control the perfect murder. No one is as they appear to be as Gideon is forced to confront his inner demons and his deepest fear: a compelling impulse to self destruction. Call of the Void has a strong philosophical, religious and spiritual theme with an emphasis on hypnosis. It is an exploration of the unconscious powers of the human mind written by a professional hypnotherapist. Through Gideon's eyes we are invited to challenge conventional ideas on the nature of reality, good versus evil, free will against determinism as he struggles to unravel the enigma of the baffling but all too commonplace urge to leap from high places: the Call of the Void. Set in an alternate world, great care has been taken to mirror historical accuracy as the story reaches its dramatic conclusion against the backdrop of the General Election in the United Kingdom in June 1983. Gideon is betrayed and thrown to the wolves as he faces a pulverizing street fight against the Magus's most dangerous henchman: Boris Pasternak. Call of the Void is a mystery thriller inspired by my adolescent love of American DC and Marvel comics combined with a lifelong interest in philosophy and hypnosis. In particular, it draws on the Crisis on Earth Two adventure with the Justice League of America to provide the setting for the alternate world of the central character: Gideon Peters. In order to provide a credible alternative narrative to actual events, careful research has been undertaken in regard to the political history of the United Kingdom between the years 1961 and 1983, particularly in regard to the impact on voting of the Profumo and Thorpe scandals. I am a professional hypnotherapist and have also taken care to ensure that the hypnotic content of the story is accurate, as is the fictional use of an advanced form of the truth drug: Scopolamine. I have endeavored to create an authentic atmosphere by basing the action and dialogue on personal experience, where possible. I have attempted to capture the mood in the United Kingdom in the early 1980's including the influence of its involvement in the Falklands War. In order to impart a greater sense of urgency and drama to the conclusion of the story, I have made every effort to ensure historical accuracy down to exact day and date and, in some instances, to the hour and minute. I have drawn on my knowledge of the Vedanta tradition of Eastern Philosophy and my involvement with the Buddhist movement in London in my twenties to impart, what I hope, is an unusual and original slant to the narrative. Call of the Void has been a difficult novel to plot but great fun to write. It is the first book of a two part series; I am currently working on the sequel: The Reality Shaper. The adventurous Countess Harleigh finds out just how far some will go to safeguard a secret in Dianne Freeman's latest witty and delightful historical mystery . . . Though American by birth, Frances Wynn, the now-widowed Countess of Harleigh, has adapted admirably to the quirks and traditions of the British aristocracy. On August twelfth, otherwise known as the Glorious Twelfth, most members of the upper class retire to their country estates for grouse-shooting season. Frances has little interest in hunting—for birds or a second husband—and is expecting to spend a quiet few months in London with her almost engaged sister, Lily, until the throng returns. Instead, she's immersed in a shocking mystery when a friend, Mary Archer, is found murdered. Frances had hoped Mary might make a suitable bride for her cousin, Charles, but their courtship recently fizzled out. Unfortunately, this puts Charles in the spotlight—along with dozens of others. It seems Mary had countless notes hidden in her home, detailing the private indiscretions of society's elite. Frances can hardly believe that the genteel and genial Mary was a blackmailer, yet why else would she horde such juicy tidbits? Aid

her gallant friend and neighbor, George Hazelton, Frances begins assisting the police in this highly sensitive case learning more about her peers than she ever wished to know. Too many suspects may be worse than none at all even more worrying is that the number of victims is increasing too. And unless Frances takes care, she'll soon find herself among them . . . "Engrossing . . . Freeman takes a witty look at Victorian polite society. Historical mystery will be delighted." —Publishers Weekly Synopsis of *Clinical Ophthalmology*, by Jack J. Kanski and Brad Bowling, efficiently distills all the essential information you need to effectively diagnose and manage a comprehensive range of ophthalmic disorders. A concise format makes it easy to quickly learn and understand the "must-know" aspects of each condition. When time is of the essence, turn to *Synopsis of Clinical Ophthalmology* for accessible guidance to meet your diagnostic and point-of-care needs! Consult this title on your favorite e-reader, conduct rapid searches, adjust font sizes for optimal readability. Get guidance you can trust from a portable, practical handbook that distills all the key information from *Clinical Ophthalmology: A Systematic Approach* - Drs. Kanski and Bowling's best-selling comprehensive eye reference. Visualize the most common eye disorders more clearly with the help of a completely revised image library, including clinical photographs and over 800 full-color illustrations, many of which are new. Remain current in practice with the latest advances in the treatment of retinal vascular disease (including new therapies for macular disorders); new drug therapies; updated surgery techniques for oculoplastic, corneal, and glaucoma surgery; and examination tips, imaging, and associated systemic conditions. On Saturday 13th September 2014, the world is shaken to learn of the disastrous loss—with all hands—of the British Astute class nuclear attack submarine: HMS Armageddon off the West Coast of Scotland. With the vote for Scottish independence only days away, the Nationalists insist on the decommissioning of the naval facility at Faslane, thus calling the future of the United Kingdom independent nuclear deterrent into question and intensifying the debate for planetary disarmament. With so much at stake, the need is seen for fresh insights, for new ways of thinking. To this end, from around the world, a deeply committed group of people gathers for a residential-like no other—at Blenheim House on the outskirts of Sherwood Forest. Funded by a wealthy philanthropist, the property is equipped with specialized technology and staffed with instructors of the highest calibre. The intention is to take candidates to the very limit of their physical, psychological and spiritual endurance and beyond. Despite his initial misgivings, a senior student—Michael Stapleton—eventually agrees to represent the School of Consciousness Studies in a struggle towards the goal of enlightenment appears to be the most arduous of human undertakings—the attainment of enlightenment. Over a three week period he comes to understand that the challenges, he must face, are also the key to unravelling the mystery of memory blackouts that threaten his engagement and future happiness. Nevertheless, as the enterprise unfolds, unexplained accidents add to his growing sense of unease as Michael comes to realize that he may well be the next target of those who have no intention of allowing the venture to succeed. *The Beam of Interest* is a fact based espionage thriller about the development of human consciousness and the phenomenon of amnesia due to the early onset of Alzheimer's disease. Careful research has been undertaken to ensure that the main and sub plot to 'The Beam of Interest' are factually accurate and credible. In addition, the author has used personal experience, wherever possible, to gain the reader's trust that the varied action sequences, most especially in relation to scuba diving, are authentic. The story is narrated in the first person by Michael Stapleton who is the central character. It begins in the reception hall of the School of Consciousness Studies in Knightsbridge, London on Tuesday September 2014, few days before the crucial vote on Scottish Independence which threatens to break up the United Kingdom following the recent sinking of a British nuclear attack submarine: HMS Armageddon. Michael is a senior student of the SCS and has been invited to the blue and without explanation—to attend an interview with the School leader: the formidable Doctor Dunca Bennett. Their meeting turns out to be acrimonious but, nevertheless sets in motion a remarkable sequence of events over the following 12 months leading to Michael's attendance of an extraordinary gathering designed to lead to enlightenment. Other characters in the drama include: Iris Sheridan: who is Michael's fiancée and fellow student. Iris persuades him to attend the residential despite his initial reluctance to do so. Michael comes to realise how little he knows about her as a colourful past comes to light. Jill Frobisher: who becomes Michael's mentor in the techniques of espionage. Bradley Douglas: who is a former senior member of the SCS, ex SAS officer and lately CEO of Rapier International Ltd, an armaments and private military company. He is in charge of the security for the three week residential on the Blenheim Estate as well as its External Events Coordinator. However, he appears to have an agenda other than its successful outcome. Michael comes to regard Douglas as the most dangerous of adversaries. John Cassidy: an American who is on leave of absence from the Behavioural Analysis Unit of FBI after a controversial operation against domestic terrorists back in the US.

SMARTER COCKROACH BREEDING SOLUTIONS... LESS EFFORT, SMELLS AND ESCAPEES!! Most of us start breeding cockroaches struggling to maintain a messy cleaning routine, bad smells and containing these unruly creatures. After more than a decade of commercial production and experimentation, we have developed innovative new techniques that have halved maintenance, eliminated offensive odour and increased production. These automated, low maintenance systems are tried and

and will save you time and effort...week in, week out. Whether you want to produce for private or commercial purposes, this definitive guide sets a new benchmark for cockroach breeding for the following reasons: THE MOST INNOVATIVE AND EFFICIENT SYSTEMS... This manual pioneers new and innovative techniques found nowhere else. We have overhauled every aspect of cockroach production... container design, breeding method, making automated food and water dispensers, heating, storage, maintenance, pest management, cleaning, grading, selling, marketing.....and lots more. THE EASIEST TO USE...MORE PHOTOS AND DIAGRAMS More than 145 photos, diagrams and tables, in conjunction with "Step by Step" instructions showing you how to do everything clearly and in an easy to understand format. THE MOST COMPREHENSIVE GUIDE AVAILABLE... This 100 page guide is the largest and most comprehensive guide available, covering every aspect of private and commercial cockroach breeding in detail. COMMERCIAL EXPERIENCE...TURN AN EXPENSE INTO INCOME!! We have sold cockroaches and crickets commercially to: wildlife parks, zoos, pet stores, wildlife rescue clubs, large scale reptile keepers and the general public...and we are happy to pass on our commercial tips to you. See our "Complete Cricket Breeding Manual" which for the first time allows people to breed crickets with the same effort and consistency as cockroaches. This Guide is also sold on Amazon. This manual is an accumulation of years of experience and experimentation that will provide you with a proven short cut to successful cockroach breeding. When the evil ninja Shredder gets mu from the Kraang, the Turtles must stop his plan to use it to mutate everyone in the city. Answering the widespread demand for an introductory book on rehabilitation engineering (RE), Dr. Rory A. Cooper, a distinguished RE authority, and his esteemed colleagues present An Introduction to Rehabilitation Engineering. This resource introduces the fundamentals and applications of RE and assistive technologies (ATs). After providing a long-awaited revision of the widely used classic text, first published as "Midwifery" by the late Pauline McCall Sellers, this comprehensive textbook that covers every conceivable aspect of midwifery. It is relevant for use in southern Africa and other developing regions, updated and in line with the International Council of Midwives and International Council of Nursing guidelines and standards, and is fully updated and revised to deal with HIV/Aids in pregnancy, childbirth and post-partum care. Basic aspects that have guided this edition include: 'skilled attendance' making the book accessible for any health professional as described by WHO (nurses, midwives and doctors); the Saving Mothers and Babies reports in South Africa; international developments within the ICN and ICM, and the newly developed World Health Organisation: Partnership for Africa for maternal, new-born and child care (2008) attention to obstetric emergency care aspects, and focus on nutrition and pharmacology in obstetrics by nutritionists and pharmacologists. Two of America's most popular authorities on healthy eating and cooking join forces in this inspiring, easy-to-use cookbook. This is not a diet book. It is a lively guide to healthy cooking, day-by-day, packed with essential information and, above all, filled with enticing food. Andrew Weil, M.D.—author of the best-selling Eating Well for Optimum Health—brings to this perfect collaboration a comprehensive philosophy of nutrition grounded in science. Rosie Daley—acclaimed for her best-seller, In the Kitchen with Rosie—brings to it her innovative and highly flavorful spa cuisine. The recipes are eclectic, drawing from the healthy and delicious cooking of the Middle East, Mediterranean, and Asia, among other cuisines. For starters, you might try Grilled Satay or a Miso Pâté; for soup, often a meal in itself, a hearty Mixed-Bean Minestrone Stew or a Roasted Winter Squash and Apple Soup with Cilantro Walnut Pesto; a special entrée could be the Savory Roasted Cornish Hens with Roasted Garlic or Baked Spicy Tofu with Bean Thread Noodles, Corn, and Mango; for a simple supper, Turkey Burgers or Portobello Burgers; and for the occasional indulgence, a dessert of Almond Fruit Tart or Peach and Blueberry Cobbler. Andy and Rosie do not always agree. When Rosie calls for chicken, Andy offers a tofu alternative; she likes the flavor of coconut milk whereas he prefers ground nut milk; when she makes a pastry with butter, he suggests using Spectrum Spread. There are no hard-and-fast rules. Lifelong health begins in the kitchen, so this is a lifestyle book as well as a cookbook. You will learn from Dr. Weil: • how to make use of nutritional information in everyday cooking • what is organic • how and how to buy organic foods • the importance of reading labels and what to look for • sensible advice about eggs, milk, cheese, salt, spicy foods, wine, coffee • the facts about sugar and artificial sweeteners . . . and from Rosie: • how to get kids involved—from skinning almonds to layering lasagna • ways to have fun in the kitchen—creating scalloped firecrackers and radish rosettes • low-fat and nondairy alternatives for those with special concerns • smart meal planning—letting the seasons be your guide . . . and lots more. This revolutionary book will change forever the way you cook for yourself and your family. With 58 photographs in full color. Before Dad's rust-bucket lurched into the driveway with forty-three chickens in the back, the closest Sami Duggan had ever come to poultry was licking the grease off her fingers at the local KFC. Now Sami better think quick before her whole life is turned upside down by Dad's latest get rich quick scheme. Nothing says quality and luxury like a custom built-in storage unit, and no project offers greater satisfaction and cost savings than a DIY built-in project. This detailed DIY book gives complete illustrated instructions for dozens of must-have built-in projects, including window seats, home theater units, built-in cabinets, and bathroom storage units. Learn how to find & finance Pennsylvania Foreclosure Properties. Get the

strategies for buying foreclosed homes in Pennsylvania. 4,000 sources for finance. Have the best Pennsylvania Foreclosure Property lists. For less than the cost of 1 night at the movies get the Quick & Easy methods to get homes for sale in PA you want, right now! Can you really lose twenty pounds in a month? Will you really keep it this time? With The Rice Diet Solution, you will! The Rice Diet Program has been helping dieters successfully lose weight since 1939. Now in book form, this world-renowned weight-loss method can help you change the way you live forever. The Rice Diet Program in Durham, North Carolina, was one of the first medical facilities in America to use a diet as the primary way to treat disease. On this high-complex-carb, low-fat, and low-sodium whole-foods diet, "Ricers" lose weight faster, more safely, and more effectively than people on any other diet. Men lose on average twenty-eight to thirty pounds and women on average nineteen to twenty pounds per month! The Rice Diet also cleanses your body, ridding it of excess water weight and toxins from processed foods and the environment. The program's results have been documented by extensive studies and confirmed by thousands of people who report amazing weight loss, as well as immediate improvement in such conditions as heart disease, diabetes, and hypertension. Here's how it works: The Rice Diet strictly limits salt and sodium-rich ingredients. Salt, like refined sugar, is an appetite stimulant, so when you reduce salt intake, you lose water weight and are less inclined to overeat. The Rice Diet also limits saturated fats and instead relies on carbohydrates (fruits, vegetables, grains, and beans) as the main source of nutrition. The fiber cleanses your system and satisfies you so you feel full quickly. The Rice Diet makes it easy to eat 1,500 calories; when you're eating foods that truly satisfy your hunger, it's a challenge to eat 1,500 calories per day! To make it easy to follow the program, The Rice Diet Solution includes hundreds of tasty, filling, easy-to-prepare recipes—some from the Rice House kitchen, others inspired by major chefs and adapted to Rice Diet standards.

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